National Conference of Psychology 2025
FLAME UNIVERSITY

SCHEDULE FOR POSTER PRESENTATIONS

28th March 2025 4:15pm to 5:30pm   **APJ Ground Floor**

TITLE	AUTHORS
Managing Time Perception in Higher Education Adults With ADHD	Manushi, Cathylyn Niranjana Bennett
Empowering Minds: A Holistic Approach to Socio Emotional Learning at Avasara Academy	Gauri Kaulgud Pankaja Dhondye Pooja Rao
A correlational study between social media and the quality of sleep among youth	Shraddha S. Yadav
The Role of Emotional Avoidance in Influencing Help-Seeking Tendencies of Young Adults	Varshini Swamynathan, Jahnavi Chowdary Gutta
Role of Augmented Reality, Artificial Intelligence and Virtual Reality in enhancing therapeutic interventions for Autism Spectrum Disorder.	Rujula Talloo, Ketoki Mazumdar
Cognitive Control Training as an Emerging Approach to Tackle Anxiety and Negative Thinking: A Systematic Scoping Review	Anuja Patankar, Ananya Vinod Gopal, Sanchi Agarwal
Body Image and Its Impact on Quality of Life Among Young Adult Cancer Patients: An Integrated study	Isha Kumari Nayak, Shalaka Kelkar
Unmasking Performance Anxiety: A Meta-Narrative Review of Creative Expression, Trauma Recovery, and Cognitive Adaptation in the Performing Arts	Shashank Shetty, Sonia David
Trends in tobacco, alcohol and cannabis use among Indian college students- Latent Class Analysis (LCA) of substance use and its sociodemographic correlates.	Prakat Karki, Madhavi Rangaswamy
Significance of VR in treating mental health conditions	Ananyaa Chintalapati
Mental Health Gaps and Stigma: Intellectual and Developmental Disabilities in the Indian Context	Yukti Khaitan, Hazel Manghrani
Effectiveness of AI Chatbots for Mental Health Support in Workplaces: A Comprehensive Review	Aastha Saraf, Chetna Ladhe
Tailoring Mental Health: Developing Targeted Trainings for Mental Health Professionals working with Law Enforcement	Namrata S. Lovalekar Gayatri Kotbagi
Supervisory Abuse and Psychological Wellbeing: A correlational study among Resident Doctors	Urja Bhatia
Empathy burnout among mental health professionals in India	Riddhi Toshniwal, Abhijeet Chore
'Last Drink ?': An Intervention Framework for Nightcap Consumption in Older Adults in India	Ruhi Borah, Ketoki Mazumdar
From "Chill Guy" Memes to Reality: What is the Impact of Social Media and Cultural Norms on Young Men's Mental Health?	Devananda Saju
Nurturing Bonds from Afar: A Critical Review of Emotional Intimacy in Long-Distance Relationships	Nirali Pandya, Sonia David
Climate Anxiety to Climate Action: A Narrative Review with a Geopolitical Lens Conference Sub-Theme: Challenges in Mental Health Practice and Research	Samruddhi Kondekar, Sonia David

TITLE	AUTHORS
Impact of Modern Dating Trends in Dating Apps on Self-Esteem and Body Image	Shreeya Mehra, Moitrayee Das, Sairaj Patki
Envisioned Worlds: Exploring the Role of Paracosms in Enhancing Emotional Resilience through Creative Writing	Shruti Thakur, Sonia David
Arts-Based Therapy: Bridging Expression and Intervention in Therapeutic Practices	Madhulika Singhal, Vaidehi Chilwarwar
Empathy Burnout	Yashika Agarwal, Prof. Shalaka Kelkar
Challenges in Mental Health Practice and Research	Bhoomi Tharad
Athlete Mental Health: A Systematic Review of Effectiveness of CBT-based Psycho-educative Interventions in Enhancing Athletic Performance and its Associated Skills	Sakshi Bhalgat, Gayatri Kotbagi, Silvia Scotto Di Luzio, Aparna Shankar
The Lost Indian in Psychology: Exploring the Challenges in Current Psychology Training in India	Prutha Honrao, Sai Abhijeet Varsha Roopesh Ratnaparke
Prevalence of Generalized Anxiety Disorder in Undergraduate Students of Various Streams in Pune City	Tanvi Karhadkar, Shravani Kherde, Shamim Mohammad
Mindful Somatic Skills for Interoceptive Awareness in Professionals with Secondary Traumatisation	Gulnar Mishra, Akanksha Rani
Instagram Usage, Social Comparison, Relative Deprivation, and Self-esteem among Young Adults	Adya Dalmia, Sairaj Patki, Sucharita Belavadi
Understanding the challenges of Women-First Generation Professionals: Insights from Secondary Literature	Ishita Kothiyal
Psychological Needs of LGBTQ+ Individuals in Contrast to Heterosexual Cisgender Individuals: A Systematic Review.	Shalini Aiyappa, Ananya S M, Anusha Ananda
Micro-Policy Recommendations for DEI in Workplaces	Tia Arora
Understanding the Role of Executive function and Emotional dysregulation in Procrastination in Adults with ADHD	Swaroopa Narendra, K. Jayasankara Reddy
Therapy for Therapists: Mental Health Challenges and Help-seeking Behaviors Among Psychologists in India	Aparajita Vaid, Moitrayee Das, Sucharita Belavadi
Understanding Women In Employment: Ones Who Wanted To and Ones Who Were Forced To	Simeryn Shubhra Sohi
Medicine non-adherence in Indian college students diagnosed with Attention-Deficit/Hyperactivity Disorder: A Qualitative Analysis	Shonak Oza
A Systematic Review of Psychosocial and Environmental Determinants Affecting Student Well- being	Sakshi Harlalka
Understanding the Mental Health of Young Adults in Indian Higher Education: A Cross-Sectional Study Towards Sustainable Development Goals 2024	Kakollu Suresh, Aehsan Ahmad Dar
Through the looking glass: the impact of social media on self objectification and eating on adolescent girls in India	Ira Deo, Pooja Prabhavalkar