



PsyCon 2026 Schedule

DAY 1: Friday March 27, 2026	
7.30 – 8.45	Breakfast
8.00 – 9.00	Registration
9.00 – 9.45	Inauguration
9.45– 10.45	Keynote: Applied Psychology for Responsible Business: Lessons in Emotional Intelligence and Inclusion for Building Sustainable Organisations <i>Ms. Seemantinee Khot (Independent Consultant)</i>
10.45 – 11.15	Tea/Coffee Break
11.15 – 13.15	Oral Presentation Session 1 : Work Stress, Coping & Burnout Oral Presentation Session 2: Leadership & Organisational Culture
13:15 – 14:15	Lunch
14.15 – 16:00	Oral Presentation Session 3: Technology & the Workplace Oral Presentation Session 4: Workplace Wellbeing
16:00 – 17:30	Tea & Poster session
17:30 – 19:00	Masterclass: Negotiation Skills <i>Dr. Dishan Kamdar, Vice-Chancellor – FLAME University</i>
19:00 – 20.30	Conference Dinner
DAY 2: Saturday March 28, 2026	
8.00 – 9.00	Breakfast
9.00 – 10.00	Keynote: Beyond the Glass Ceiling: The Complex Realities of Indian Women at Work <i>Prof. Pooja Purang (IIT Bombay)</i>
10.00 – 10.30	Tea/Coffee Break
10.30 – 12.30	Oral Presentation Session 5: Gender & the Workplace Oral Presentation Session: Identity and Belonging at the Workplace
12.30 – 13.00	Closing ceremony
13.00 – 14:00	Lunch
14:00 onwards	Departure

Friday | Mar 27, 2026 | 11.00 – 13.00

Leadership & Organisational Culture	Work Stress, Coping & Burnout
<p>Power Distance and the Intergenerational Attitudes Towards Implementation of the Four-Day Workweek: A Systematic Review <i>Prutha Honrao & Suhani Mathur</i></p>	<p>Role Of Personality in Coping: A Study on Indian Civil Pilots <i>Siya Tated & Kavita Rai Sinha</i></p>
<p>Leading with Intellectual Humility: The role of Tolerance of Ambiguity and Self-esteem <i>Vrushali Rao & Jaya Rajagopalan</i></p>	<p>Emotional Exhaustion as the Core of Burnout: Measurement Invariance of a Brief Scale Across Sociodemographic and Occupational Characteristics in 91 Countries <i>Klaudia T. Bochniarz, Edyta Charzyńska & Paweł A. Atroszko</i></p>
<p>Leadership and Innovation at Work: Examining the Mediating Effect of Active Empathic Listening <i>Sailee Modak & Megha Deuskar</i></p>	<p>Psychological Workload and Professional Well-Being among Healthcare Professionals in Indian Fertility Clinic Workplaces: A Quantitative Study <i>Nilima Yemul, Madhavi Godbole & Vishal Ghule</i></p>
<p>The Human Capital Risk Boards Don't Measure: Reframing Workplace Mental Health as Governance Failure <i>Tapaswini Varshneya, Lipika Jain & Nikita Jain</i></p>	<p>Exploring Occupational Stress in Journalists: A Mixed Methods Exploration into Adaptability, Hardiness & Health-Related Quality Of Life <i>Apurva Kothavade & Priyaranjan Maral</i></p>
<p>Too Helpful to Be Safe: White Knight Syndrome at Work <i>Khushi Dua, Smita Sethi, & Bhawna</i></p>	<p>Workplace burnout, negative experiences, and organizational commitment among Indian professors: A quantitative correlational study <i>Avni V., Niharica S. & Sakshi Seth Grover</i></p>

Friday | Mar 27, 2026 | 14.15 - 16:00

Technology & the Workplace	Wellbeing at the Workplace
The State of AI in the Workplace: Trust in Automation, Algorithmic Decision-Making, and the Complexity of Burnout <i>Aastha Singh & Somya Agarwal</i>	School Counsellors in Learning Environments: A Qualitative Study of Well-Being, Relationships, and Professional Identity <i>Madhumita Dutta & Tanvi Jhangiani</i>
Mobile-based interventions and their effectiveness to promote employee well-being and mental health: a meta-analysis <i>Manasi Indurkar, Sakshi Kotalgi & Heenakshi Bhansali</i>	Individual Cultural Values and Job Crafting Behavior: The Mediating Role of Work Autonomy <i>Atharva Dendge & Meenakshi Gokhale</i>
India's Gig Economy: Mapping Challenges through a Scoping Review & Delivery-Worker Insights <i>Manasvi Jagarlapudi & Krishna Veer Tiwari</i>	Work-Life Balance, Job Satisfaction, Life Satisfaction, and Substance Use among Male IT Employees: An Exploratory Correlational Study <i>Prajakta Jori & Bhaskar Shejwal</i>
System 1-System 2 Processing in Generative AI Usage: A Study Among College Students with Employability Implications <i>Deepak Gupte & Amruta Punjabi</i>	Exploring Perceived Career Barriers in Male IT Professionals in Hyderabad <i>Dimple Rohitha Racharla & Raghu Kiran Bolle</i>
Who's Calling the Shots? Is Algorithmic decision-making shaping organizational values and psychological safety <i>Mannat Mehra & Moitrayee Das</i>	

Saturday | Mar 28, 2026 | 10.30 - 12.30

Gender in the Workplace	Workplace Identity & Belonging
Challenges and Needs of Working Women: A Qualitative Survey <i>Girija Sarje, Urvi Padhye & Sahil Chandawat</i>	Organizational Identification as a Predictor of Employee Change Readiness <i>Rohitth Ajay & Srishti Muralidharan</i>
Workplace Influences on Child-Free Decision-Making among Urban Indian Women: Cultural Shifts in Work, Womanhood, and Reproductive Choice <i>Ishika Tiwari & Shruti Shrivastav</i>	A Panchakosha Framework for Organisational Identity and Well-being <i>Kalyani Adhye & Sagar Vidwans</i>
Daughters of the Sea: Lived Experiences of Female Seafarers in India <i>Uma Desai</i>	A Balancing Act: Exploring the Relationship of Work-Nonwork Balance and Team Climate on Team Commitment and Individual Performance <i>Abhramika Choudhuri</i>
The Gender Equality–Addiction Paradox: Unique Evidence from a Global Work Addiction Study Across 91 Cultures <i>Paweł A. Atroszko, Aleksandra Buźniak, Stanisław Czerwiński, Zuzanna Schneider, Natalia Woropay-Hordziejewicz, Klaudia Bochniarz & Edyta Charzyńska</i>	Development and Preliminary Validation of the Third Places Questionnaire <i>Trisha Tendulkar, Maitreya Palamwar & Arya Deo</i>
Gender and tenure differences in professional quality of life, distancing & seeking social support coping among private sector doctors <i>Gauri Burde & Aparna Satpute</i>	Career Counselling in Eklavya Model Residential Schools: A Case Study from Sikkim <i>Gasha Sharma, Saurabh Nanda & Jaskirat Grewal</i>

Poster session on Friday Mar 27, 2026 from 16:00 - 17.30

Poster no.	Title & Authors
1	Relationship between Colour Preference, Personality, and Social Media Engagement in Early Adulthood <i>Aishwarya R. Krishnan, Ananya Dhingra, Sneha Sharma & Oindrila Mukherjee</i>
2	Designing Inclusive Workspaces: A Structured Literature Review on How Physical, Social, and Visual Environments Shape Belonging at Work <i>Prachi Agarwal</i>
3	Awaws of the Paws: The Case of Pet- friendly Workplaces <i>Mannat Mehra & Moitrayee Das</i>
4	Problems Faced By Special Educators <i>Maitrayee Rishi, Sae Modak, Kateca Langa & Jay More</i>
5	Sexting in the Digital Age: A Qualitative Study of Psychological Implications, Legal Challenges and Workplace Relevance <i>Rohit Kakde & Swaroop Sonone</i>
6	The Closet Between the Self and the Workplace: A Systematic Review on the Personal and Organisational Determinants of Sexual Identity Disclosure <i>Ayush Kumar & Yukti Khaitan</i>
7	Flexibility at what Cost? Psychological Well-Being of Young Workers in India's Gig Economy <i>Yash Kanugo</i>
8	Glass Ceilings, Heavy Feelings: Patriarchal Suppression, Female Rage, and Depression in Indian Workplaces <i>Parinitha C. Hemanth</i>
9	Feeling Safe to Speak Up from a Distance: Psychological Safety and Well- Being in Remote Work Settings <i>Nandni Bharadwaj</i>
10	Emotional Dissonance and Its Impact on Decision-Making Among Healthcare Professionals in India <i>Saniya Bhor & Rojo Shalom George</i>
11	Understanding Impostor Syndrome through a Gendered Lens: Implications for Women's Well-Being at Work <i>Adya Shigehalli</i>
12	Flourishing through inclusive employment: Narrative review among persons with disabilities in India <i>Shivaranjani D. & Soumya R. R.</i>
13	Impact of Unconventional Movement Interventions on Positive Mental Health Outcomes of Employees: A Systematic Review <i>Sharvi Benare</i>
14	Trait Non-Attachment and Psychological Flexibility in Indian Adults: Implications for Self-Compassion <i>Daman Sehmi</i>
15	Exploring the Cognitive Roots of Prejudice in the Workplace: The Role of Need for Cognitive Closure and Contact in Shaping Prejudice towards Sexual Minorities <i>Namitha Sheri & Komal Beri</i>